

Research on Promoting the College Students' All-round Development with Five Educational Proposals

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Abstract: Education must adhere to the people-centered development concept and cultivate socialist builders and successors of "moral, intellectual, physical, aesthetic, and labor". This paper analyzes the profound connotation of five educational, points out the specific educational path: moral education, cultivates noble moral quality, masters correct thinking methods, and establishes correct political concepts. In intellectual education, scientific and cultural knowledge of learning systems are mastering mature practical skills. In physical education, improving physical quality, shaping a healthy personality, and cultivating lifelong sports concepts. In aesthetic education, training aesthetics and appreciation are providing humanistic qualities. In labor education, it is cultivating hard work ability and stimulating talents motivation and a sense of well-being in learning and living.

1. Introduction

The all-round development of man is the highest goal and fundamental value orientation of Marxism. Marx called it "the comprehensive and free development of everyone" and is the all-round development of human "free personality." The theory of all-round development of human beings is based on scientific understanding of human beings and profound critique of capitalism. It reveals the objective laws of human social development and human development and is an important part of Marxist theory. The theoretical connotation of Marxism on the all-round development of human beings is very rich, mainly including the following aspects: First, the comprehensive development of human needs. In addition to material needs (including surviving material needs and hedonic material needs), human beings also have various needs in social relations and various needs in spiritual life, as well as self-fulfillment and development, and the need for freedom. Subjectivity is the initiative, creativity and autonomy that people display in their activities of creating their own history. The all-round development of human beings not only refers to the full play of special attributes, but also refers to people becoming the main physical of nature, the subject of society and the subject of self-development. The third is the full development of human ability or talent. The development of human ability is an important part of the overall development of human beings. Development people must develop their talents. Human abilities are multifaceted, including human natural and social abilities, potential and realities, physical strength and intelligence. The fourth is the free development of human personality. The development of human abilities and the development of social relations are inseparable from the development of human personality. In a certain sense, the development of human abilities and social relations serves the "free personality." The fifth is the comprehensive development of human social relations. Without the universal connection between the individual and the society, the individual's talent cannot be developed, and the social nature of the person cannot be fully reflected. Only when people's social relations are highly enriched and developed can people's all-round development be possible.

The all-round development of college student groups mainly refers to seeking common ground

while reserving differences on the basis of promoting the overall development of individual college students in a relatively free and equal educational environment, and promoting the overall coordinated development of college students. The comprehensive development of one of the college students is the basis for the comprehensive development of the group of the college students, and the comprehensive development of college students is the ultimate goal of the comprehensive development of college students. Promoting the all-round development of college students has an important impact on the overall development of human beings. The all-round development of college students mainly refers to the coordinated development of various basic qualities and the coordinated development of personality, ability and knowledge on the basis of the sound personality of college students. School education is the main channel for the overall development of college students. In the era of knowledge economy, people with new knowledge, people with intelligent minds, people with innovative consciousness and innovative ability are the creators and promoters of the knowledge economy, and such people are inseparable from education, especially higher education. The all-round development of people includes the improvement of people's ideological and moral quality, scientific and cultural quality and health quality. Therefore, college students should not only have solid basic knowledge and the ability to develop and innovate, but also have the right qualities of ideological and political, emotional and labor practice.

Promoting the all-round development of people is an inevitable requirement for carrying out great struggles, building great projects, advancing great undertakings, and realizing great dreams. The process must be a gradual improvement and a never-ending historical process. Xi Jinping's new era of socialism with Chinese characteristics contains rich theoretical connotations about the all-round development of human beings: the new era promotes the all-round development of human beings, embodied in our party's comprehensive summary of new experiences of practice, reflected in the major new changes of our party. The correct grasp of this is reflected in our party's strategic determination of the new goal of struggle, embodied in our party's positive contribution to the peaceful development of mankind, and also in our party's clear understanding of the party's new requirements. General Secretary Xi Jinping successively selected candidates at the National Education Conference and the School Ideological and Political Theory Teachers Symposium. Education must adhere to the people-oriented concept of education development, adhere to the development path of socialist education with Chinese characteristics, and strive to cultivate the era of national rejuvenation. Newcomers train socialist builders and successors with the comprehensive development of "Moral, knowledge, physical, beauty and labor". This shows the fundamental problem of cultivating people, cultivating people and cultivating people in colleges and universities in the new era. It is the fundamental task of implementing the fundamental task of cultivating moral literacy and cultivating talents, and promoting the all-round development and healthy growth of college students.

2. The Profound Connotation of Five Educational

As part of the comprehensive development of education, five educational can neither replace each other nor divide each other. It cannot be replaced because there is a difference between each education. Each education has specific connotations, tasks and functions. The social development value and individual development value of each education are different and indispensable. Indivisible, on the one hand, because of the mutual penetration of each education, it contains the requirements of human intelligence, emotion, will and behavior. On the other hand, because each education promotes each other, there is a relationship between each other and means. Moreover, the comprehensiveness of educational activities also determines the tasks and functions of these five parts, integrated in each type of activity. Each type of activity achieves its own tasks in varying degrees and scopes, rather than different tasks to achieve these five tasks.

Five educational is an organic part of comprehensive development and cannot be replaced by each other, but it is also a whole of mutual connection and mutual promotion. Among them, moral education is the ideological foundation for the implementation of various educations, and plays a role in maintaining motivation for other education. Intellectual education is the knowledge and

intellectual foundation of other education, and the implementation of each education cannot leave the knowledge and skills education. Sports provide a healthy foundation for the implementation of various educations, and are the material guarantee for the implementation of various educations. Aesthetic education and labor technology education are the specific application and implementation of "Moral, wisdom, and physical", which can promote the development and improvement of students' "Moral, wisdom, and physical". The combination of five educational is not a balancing force of "Moral, wisdom, physical, beauty, and labor." The premise of equal emphasis on five educational is that moral education plays a leading role, so that people can truly achieve all-round development.

Put moral education and put educators in the first place. This is the psychological needs of every teacher, the need for the immediate interests of the students, the needs of the people's interests, the needs of the national interests, the needs of the party's interests, and the improvement of the need for student cultural knowledge. If education violates the five educational proposals and the principle of moral education, it is easy to embark on the leading edge of intellectual education. The moral, physical, aesthetic, and labor-oriented ambiguity will inevitably cultivate some people who are "lack of morality", not only in the society, but in the society will become a public hazard. "It is a consensus to put moral education first in all work in the school." Strengthening political education, ideological education, moral education, law education and psychological quality education for students plays a decisive role in promoting students' all-round development.

3. Promoting the Development of College Students' Moral Education

Moral education includes political education, ideological education and moral education. It is the requirement and formation law of educators according to the requirements of certain society and the development of the ideological and moral education of the educators, and purposefully exerts influence on the educated. It is also necessary to form a certain ideological quality, political quality and moral quality through the active understanding, experience and practice of the educated, and develop a certain moral character. Colleges and universities are important positions in moral education, and they are responsible for the systematic moral education for college students. To carry out moral education in the new era, we must use new methods, attach importance to the development of students' individuality, and give play to the subjectivity of students. First, take advantage of new media. The new media has the characteristics of rich resources and wide dissemination, which solves the limitations of traditional moral education and is more suitable for the development of moral education. The second is to incorporate mental health education into the moral education system. The two-way interaction between moral education and mental health education is the ultimate destination of the relationship between moral education and mental health education, in order to promote the overall healthy development of students. The third is to carry out moral education activities with rich and varied content. Deepen students' moral understanding, cultivate self-determination ability, stimulate moral emotion and participation consciousness, and develop students' initiative, autonomy and creativity.

4. Promoting the Development of Intellectual Education in College Students

The basic method of intellectual education is to organize cultural classroom teaching activities. In the classroom, through the careful preparation and careful design of teachers, through the organic combination of lectures, learning and practice, using the method of heuristic induction, internalizing scientific and cultural knowledge into the cognitive level of students and the ability to solve real problems, thus improving students' Intellectual education level. To develop student skills, skills not only refer to the ability to coordinate physical activity, but also the intellectual ability to conduct intellectual activities and the ability to reflect on the cognitive activities themselves. To improve students' intellectual level, it is necessary to have a detailed understanding of the students' cognition through the teaching process, and to provide opportunities and ways to reflect and improve students' cognitive strategies. Competence and knowledge are two clues to the success of a person's career. In

the process of intellectual education, it is necessary to establish a training goal that emphasizes the ability to pay more attention to knowledge. In the traditional teaching concepts, teachers pay more attention to knowledge teaching, neglect the knowledge process experience and ability cultivation. In fact, ability is an intellectual factor that is more important than knowledge. The cultivation and development of ability is also inseparable from knowledge. As long as you have strong abilities, you can better absorb knowledge and effectively use the role of knowledge, you can quickly change from less knowledge to more knowledge, and you can master new knowledge faster.

5. Promoting the Development of College Students' Physical Education

Physical education is to develop the physical, enhance physical fitness, and teach about basic knowledge, techniques and skills. The main function is to develop physical fitness. Physical education is a basic component of education and provides a physiological prerequisite for the development of comprehensive quality. Physical education in colleges and universities should aim at comprehensively improving the physical quality of college students, shaping the sound personality of college students, cultivating college students to form lifelong sports, and promoting the all-round development of college students. Student-oriented, based on the physical and mental characteristics of college students in the new era, from the perspective of achieving good, maintaining and developing the fundamental interests of students, we will innovate effective methods of physical education. According to the needs of the times, we will change the concept of education and teaching to meet the fundamental needs of students. Grasp the new situation of comprehensively deepening reforms, create sports activities and sports culture atmosphere in the whole school, promote the life and socialization of physical education, enhance students' participation awareness, and form a long-term mechanism to enable students to acquire knowledge and enrich their emotions in sports. Enhance the will and sound psychology, and cultivate qualified college students who dare to struggle, be brave, be creative, and be willing to practice. In the process of physical education, the use of rich teaching content and infrastructure to stimulate students' awareness of participation, using a combination of theoretical education and practical education, to carry out a variety of interesting activities, foster teamwork spirit.

6. Promoting the Development of College Students' Aesthetic Education

The main function of school aesthetic education is to cultivate aesthetic quality, form the correct aesthetics of students, and cultivate students' ability to feel beauty, appreciate beauty and create beauty. Aesthetic education is the gymnastics of the mind and an indispensable part of social and cultural quality education. Aesthetic education not only has the function of moral education, but also the way to understand the world through concrete image; it not only promotes the harmony of physical functions, but also enriches and delights people's spirit. Aesthetic education can improve the aesthetic ability of college students, improve the quality of college students in an all-round way, and promote the ideological education of college students, which plays an important role in the construction of social spiritual civilization. College aesthetic education is an open and large space and a large platform. It needs to be deeply integrated with social practice, scientific research and knowledge of various disciplines. Colleges and universities need to develop an open education model in order to make educators committed to aesthetic education. It is necessary to strengthen the cultivation and construction of the aesthetic concept and aesthetic ability of the teaching staff, and to improve the aesthetic quality of the educators. Establish a credit system, complete the credits to allow graduation, ensure that students pay more attention to aesthetic education, and also regularly carry out some art into campus activities to broaden students' horizons. Enrich students' aesthetic ability through aesthetic education, fully mobilize students' sensory functions and perceptual thinking, and stimulate imagination and creativity.

7. Promote the Development of College Students' Labor Education

Labor technology education requires students to initially master the major sectors of industry, agriculture and the tertiary industry to adapt to a wide range of production technology knowledge and labor skills. The implementation of labor education is of great significance to the implementation of the combination of education and productive labor, and the comprehensive development of physical and mental quality. It is an important measure to promote the development of all aspects of "Moral, wisdom, beauty and physical". Labor not only exercises the physical, but also tempering endurance, which plays an important role in cultivating students' difficulties in facing, self-defeating and courageous. Labor education is an important part of the cultivation of talents in colleges and universities. From the perspective of educating people, labor education can cultivate college students' firm ideals and beliefs, ability to exercise practical ability, motivate talents, and enhance the happiness of learning life. Labor education is conducive to college students' firm ideals and beliefs, is conducive to college students' patriotism, is conducive to college students to strengthen moral cultivation, is conducive to college students to enhance knowledge and knowledge, and is conducive to the cultivation of college students' spirit of struggle. Labor education is the key factor and main path for talent training and it is also an important carrier for ideological politics and moral education. The current critical task of colleges and universities is to nurture and guide students to accurately understand what is labor value, scientifically standardize the important content of labor education, and top-level design labor education mechanism.

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